



## "HOME & FAMILY"

### HIGHLIGHTS FOR UPCOMING "HOME & FAMILY" EPISODE WEDNESDAY, JANUARY 8

#### "Home & Family" Airl Monday through Friday (10a.m. ET/PT, 9C - 12p.m. ET/PT, 11C) on Hallmark Channel

Below are highlights for the upcoming **Wednesday, January 8, 2020** telecast of "Home & Family" on Hallmark Channel. **Debbie Matenopoulos** and **Cameron Mathison** host the eighth season of the three-time Daytime Emmy® nominated Hallmark Channel original lifestyle series. "Home & Family" airs new original episodes Monday through Friday (10a.m. ET/PT, 9C - 12p.m. ET/PT, 11C) on Hallmark Channel.

**WEDNESDAY, January 8** - Debbie Matenopoulos and Cameron Mathison welcome "Very Cavallari" star, **Kristin Cavallari**. "American Housewife" actress, **Carly Hughes** stops by. "Eat What You Love" author, **Marlene Koch** cooks parmesan crusted chicken. Chef **Sam Talbot** prepares a winter veggie duo. **Dr. Michael Breus** shares his winter sleep survival guide. Debbie makes a French almond cake. Paige Hemmis has a DIY icicle shelf inspired by the Hallmark Channel Original Movie "Love in Winterland." Orly Shani shows us how to spruce up our space. Ken Wingard DIYs a suitcase side table. Ali Manno is here with productivity boosters.

Tracy Verna Soiseth is the executive producer of "Home & Family." Jeff Rifkin, Miguel Enciso, and Ashley Sandoval are the directors. "Home & Family" is broadcast in 1080i, Hallmark Channel's selected HD Format. This program carries a TV-G parental guideline.

For more information on "Home & Family" please visit: [Hallmark Channel Home & Family](#)

For press information, photos and video clips please visit: [Crown Media Press](#)

Home & Family on Social Media: [Facebook](#), [Twitter](#), [Pinterest](#), [YouTube](#)

#### **PRESS CONTACT:**

Sheri Goldberg, [publicity@homeandfamilytv.com](mailto:publicity@homeandfamilytv.com)

Ron Del Rio, 818.755.2423, [rondelrio@crowmedia.com](mailto:rondelrio@crowmedia.com)

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